

Message from the Rabbi & the Rabbanit
Tisha B'Av – August 2022

Dear Friends and Family in Mashiach Ben David,

[Tisha B'av](#) is the saddest day on the Jewish calendar, when we mourn the destruction of both Holy Temples in Jerusalem. Their destruction represents the greatest tragedy in Jewish history, for it marks our descent into the state of physical exile and spiritual displacement in which we still find ourselves today. Thus the destruction is mourned as a tragedy that affects our lives today, 2,000 years later, no less than the generations that experienced it firsthand. At the same time, [Tisha B'av](#) has the potential to become the most joyous day, as we look forward to the building of the third temple and the return of the Mashiach Ben David who will reign from Jerusalem for thousand years from that temple.

Mashiach Ben David is the Redeemer of the Jewish people. We hope and pray every day for Mashiach to return and transform the sadness into happiness, and Tisha B'av will be one of the greatest Jewish holiday. This year, we have a small taste of that. Because the 9th of Av is on Shabbat this year, the fast is postponed until Sunday.

As such, not only do we not mourn on Shabbat, but we celebrate and observe Shabbat just as we would any other week, and perhaps even more, since we need to make a point of avoiding any semblance of mourning. The third temple altar and priests consecration preparation is ongoing, through the red heifer selection to sacrifices at the altar. Everything in Hashem's will is working together for us to see His glory and His kingdom come into the lives of His people Israel.

Shabbat Shalom,

Rabbi Harel & Rabbanit Gavriela Frye

[Tisha B'av](#) Schedule: Saturday Night, August 6

8:14 PM: Fast Begins

9:15 PM: Tisha B'av Services - reading of Eicha, Lamentations

Fast ends at 8:42 PM: on Sunday.

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[Tisha B'av](#) and the [3 Weeks](#) - Destruction & Renewal

Saturday, July 16, the 17th of the Hebrew month of Tammuz, marked the beginning of "The Three Weeks", and concludes with observing [Tisha B'av](#) the 9th of Av, August 7, an annual mourning period where we mourn the destruction of the Holy Temple and our launch into Exile.

Click [here](#) for the history and story of the 3 weeks. Click here for the meaning of [Tisha B'Av](#)