



שמע ישראל  
SHEMA YISRAEL  
Hearing the  
Voice of God

Hearing  
From Hashem (God)

Rebbetzin Gavriela Frye  
For  
Village of Hope & Justice Ministry



## - CHAPTER 4 -

### Guided by His Torah (Yeshua)

**I love the Torah. It is His love letter to us and His instructional manual for life. When it comes to hearing Hashem (God)'s voice, this is the very first place we should begin.**

The Bible has the answers for every single question we can ever have. It is full of truths, stories, and parables to instruct us in every area: our behavior, our relationships with Hashem (God) and others, how to grow spiritually, how to discern right from wrong, ways to fulfill Hashem (God)'s calling for our lives, and so much more.

I really like the way **2 Timothy 3:16-17 (TLV)** puts it:

***16 All Scripture is inspired by God[a] and useful for teaching, for reproof, for restoration, and for training in righteousness, 17 so that the person belonging to God may be capable, fully equipped for every good deed.***

I often tell people that if they want to hear Hashem (God)'s voice, they need to commit to being a student of Hashem (God)'s Word. Why? Because Hashem (God) **uses His Word as the primary way to speak to us.** It is filled with His wisdom, instruction, and commands, it is full of information about *His will* for our lives. The more we read, study and fill our minds with Hashem (God)'s Word, the more intimately acquainted we become with Him...and the easier it becomes to hear His voice.

In **John 14:26 (TLV)**, Yeshua (Jesus) says: ***26 But the Helper, the Ruach ha-Kodesh whom the Father will send in My name, will teach you everything and remind you of everything that I said to you.***

When we fill ourselves with Hashem (God)'s Word, when we take the time to really know what it says, we are cooperating with Hashem (God) to hear from Him. When we encounter various situations in life and require His wisdom and direction, the Holy Spirit will help remind us what His Word says to do.

I can't tell you how many times Hashem (the Lord) has given me direction or spoken a word of encouragement by reminding me of His Torah (Word) at just the right time. There was a season in my life when Hashem (God) used Galatians 6:9 to help me persevere and not give up. Over and over, the Ruach Hakodesh (Holy Spirit) kept reminding me, "Be not weary in well-doing, for in due season you shall reap if you don't faint or give up!"

This message from Hashem (the Lord) helped me to push through that season without quitting. I'm so glad I had taken the time to *know* what His Torah (Word) said so the Ruach Hakodesh (Holy Spirit) could encourage me with it at just the right time! The Torah, Hashem (God)'s Word also changes us from the inside out. Look with me at **Hebrews 4:12** (TLV). It says:

***12 For the word of God is living and active and sharper than any two-edged sword—piercing right through to a separation of soul and spirit, joints and marrow, and able to judge the thoughts and intentions of the heart.***

Wow! The Torah (God)'s Word is alive, and it has the ability to change us—our desires, the way we think, the way we see ourselves, and even the way we view Hashem (God) and other people. The more we meditate on the Torah, Hashem (God)'s Word, the more we become like Him and

begin to desire the same things that Hashem (*God*) desires...we have a greater passion to do His will!

## **WHICH VOICE ARE YOU LISTENING TO?**

It's so important to remember that regardless of how Hashem (the Lord) may speak to us, He will *never* contradict His own Word. This is the best way to verify whether we're really hearing from Hashem (God) or not.

Sure, there are some things in life that can't specifically be found in the Bible. If you are trying to decide if you should purchase a new car, you won't find a chapter and verse for that in the Torah, Hashem (God)'s Word. However, the Bible is full of wisdom, and it encourages us to use wisdom and common sense in making our decisions.

For instance, if purchasing the vehicle will plunge you deep into debt and cause financial problems, there's a decent chance Hashem (God) may not be directing you to buy it. I've also learned from experience that when I really want something, it's easier for me to think Hashem (God) is telling me to get it! When it comes to buying things, I will many times walk away from the store for a while and give my emotions a chance to calm down. I'll take a moment to acknowledge Hashem (God) and see if He has anything to say about it.

The truth is, there are a lot of "voices" we can listen to in life. As I just mentioned, our emotions have a Voice usually, they scream very loudly! We've all made emotional decisions at various points in our lives, including some we probably regret. There are also the voices of friends and other well-meaning people. And while it's great to receive counsel and good advice, we ultimately need to know what Hashem (God) has to say. Many times, the more people we listen to, the more confused we can get.

It's important to remember that we also have an enemy, Satan, who desires to deceive us. In John 8:44, Yeshua (Jesus) calls him "the father of lies" and says he has no truth in him. In order to recognize Satan's lies, we have to know Hashem (God)'s Word. In fact, I believe that trying to hear from Hashem (God) without reading His Torah (Word) is actually very dangerous because we set ourselves up to be deceived. I encourage you to read Matthew 4:1-11. This is the passage where Yeshua (Jesus) is being tempted by Satan in the desert. Over and over, Satan tries to deceive Jesus with "half-truths", things that sound like Hashem (God) but really aren't. How does Yeshua (Jesus) reply? He says, "It is written!" and quotes Scripture back to Satan.

This is why reading and studying the Bible is such a vital part of having a great life. His Torah (Word) is truth, and John 8:32 (TLV) says, ...***the Truth will set you free.*** We use the Torah, (God)'s Word, to combat Satan's lies and keep us going in the right direction.

For example, if the enemy tries to come against us and convince us we are worthless or unloved, we can fight those thoughts with truth from HaShem (God)'s Word. The Bible says *nothing* can separate me from Hashem (God)'s love and that Hashem (God) knew and approved of me before I was even born (see Romans 8:38-39; Jeremiah 1:5). It says I am the apple of His eye and I am very special! (See Psalm 17:8.)

I believe some of the greatest advice I can give you is to take regular time to read and study HaShem (God)'s Word. Pray and ask HaShem (God) to help you understand what you are reading, ask Him to speak to you and give you revelation about His will for your life.

As you do, I can promise you one thing for certain: **You will begin to hear from HaShem (God) in a greater way than ever before.** After all, His Torah (Word) is *life*, and it contains the answers to every situation you will ever face.