



שמע ישראל

SHEMA YISRAEL

Hearing the
Voice of God

Hearing
From Hashem (God)

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For
Village of Hope & Justice Ministry

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INTRODUCTION

I am a Messianic Jew, a Jew that has recognized Yeshua (Jesus the Messiah) as my Savior and Lord since 2003, and served Hashem since then. I have been leading with my husband Rabbi Harel Frye a Messianic Congregation called Beit Shalom in Italy since almost six years now. Before salvation, I knew “only some people” like Mosh or other great men in the Biblical Scriptures could hear His voice aloud. But I never understood that Hashem (God) wanted to speak *to me*.

Then, I lost everything, my boyfriend, my health, my family and job. I was moved to UK led by a small voice that would talk to me and give me scriptures during the night, that I would meditate upon and started to understand personally. As I began to spend more time in Hashem (God)’s Torah and Brit Chadashah (the New Covenant) and really develop an intimate, personal relationship with Him, He began to show me just how much He desires for us to hear His voice.

Before I knew it, Hashem (God) was “speaking to me” through His Torah and Brit Chadashah, it seemed to literally come alive on the pages! I also learned about the incredible ministry of His Ruach HaKodesh, Holy Spirit, Whom the Bible calls, “The Spirit of Hashem (God)” (see John 16:13).

The Ruach HaKodesh (Holy Spirit) wants to lead, guide and help us in every area of life if we let Him. He desires to speak to our hearts and show us the will of Hashem (God). He wants to be involved in the little things, the big things...*and all of the things in between.*

Today, I can't imagine going through life without the ability to hear Hashem (God) on a regular basis. The truth is, we were never meant to! We were never meant to live this life on our own, without the loving guidance and direction from our A b b a (Father).

It's funny—these days I occasionally have someone approach me and say, “Gavriela, you are always saying, ‘Hashem (God) said’ or ‘Hashem (God) spoke to my heart.’ It sounds like you’re having a conversation with Hashem (God) *all of the time.*” I am! *And you can too.*

You see, in our journey with Hashem (God), it's His will for us to be led by His Spirit and live with “divine guidance” (see John 14:26). He has an amazing plan and purpose for our lives, and we discover how to walk it out as we learn to hear His voice.

Over the past 17 years, Hashem (God) has taught me so many valuable lessons about hearing from Him, lessons that I've passed on to others through my preaching AND teachings. And I am so excited to share these principles with you in this little book.

These pages are packed with teaching and scriptures, and I encourage you to read and *reread* it to get the most out of these messages. Take some time to look up the scriptures and do some studying on your own.

Allow Hashem (God) to help you get these principles deep down on the inside of you. I can tell you one thing for certain: If you're serious about seeking Hashem (God) and hearing from Him, if you really want to receive His divine guidance in every area of your life, The Lord will be faithful to meet you where you are...and help you to know and recognize His voice.

- CHAPTER 1 -

Asking for Direction

It's an uncomfortable place to be when you don't know what decision to make. We often run to people to ask their advice, and it's not wrong to do this.

However, we can end up running to others for guidance more than we run to God and seek *Him* for wisdom and direction.

Proverbs 3:6 says, *In all your ways know and acknowledge and recognize Him, and He will make your paths straight and smooth [removing obstacles that block your way].*

To “acknowledge Him” simply means to care what God thinks and regard His opinion as the best opinion. The truth is, God is concerned about every single detail of your life, and He wants to be involved in everything you do. He *does* speak to you, and you can learn how to hear His voice.

Now, let's look at the very next verse, **Proverbs 3:7** (TLV). **I really love this. It says, *Be not wise in your own eyes....***

This takes it one step further. Verse six instructs us to acknowledge Hashem (God) so He can direct our paths (because His way is the best). Then, verse seven makes it even clearer, basically saying, “Don’t think you can do this on your own—you can’t do a good job at running your life without Hashem (God)’s help and direction!”

Now, it takes most of us a very long time to learn this lesson. Like a stubborn two-year-old, we walk around saying, “I do it my way!” However, Hashem (God) has a tremendous plan for each of our lives—plans that lead to peace, contentment and fulfillment—and He wants to share this plan with us through divine guidance. But this means doing it *His way*.

Hashem (GOD) CARES ABOUT THE LITTLE STUFF

Throughout my years of ministry, I’ve spoken with so many Christians who question if they can really hear from Hashem (God). Or if they believe they can hear from Hashem (God), they’re not quite sure if He cares about the “little” things. I admit, I’ve been there myself. I’ve wondered things like:

Does Hashem (God) really want to help run my life on a day-to-day basis?

Does He want to be involved in the tiny little details?

Should I only bother Hashem (God) and expect to hear from Him concerning the big issues?

Maybe you're asking these same questions today. If so, I can assure you that Hashem (God) cares about every single detail of your life—the “big” stuff *and* the “small” stuff.

We can sometimes have the mindset that we'll overload Hashem (God) if we ask for too much help. But Hashem (God)'s strength and ability is limitless and unfathomable! The Bible says He *never* grows tired or weary (see Isaiah 40:28).

I'll never forget a woman who came to me for prayer years ago. She wanted to know if it was okay if she asked Hashem (God) for two things. If not, she was prepared just to share the most important one.

It really touched my heart! And that incident helped me to understand people's mindsets when it comes to asking for Hashem (God)'s help and direction. The truth is, He cares about *everything*.

Do you want to hear what Hashem (God) really thinks about you? Look with me at Jeremiah 29:11-14 (TLV). Don't just gloss over it, but take a few moments to let these verses sink in:

The Lord has such an amazing plan for your life, and He wants to lead and guide you every step of the way. In fact, He promises to do it. Isaiah 30:21 says:

I love this! Hashem (God) is saying we don't have to figure it all out on our own. *He* will show us the way into His perfect plan for our lives. Then, as He does, it's up to us to "walk in it"—to step out and do the things He tells us.

When you set out to go somewhere, getting "lost" is one of the worst things that can happen. It's frustrating and confusing, and you simply want to get to your destination!

Well, just like you need the proper directions or GPS to get where you're going, you also need supernatural guidance to enjoy the great life the Lord has in store for you. The good news is that Hashem (God) wants to lead and direct you along the way.